

- I would like to book onto the next 9 week taster course in Rochford/Rayleigh
- I would like to arrange a 4 week taster course at my location
- I would like a visit at home
- I would like to come to the computer club
- I would like to become involved as a volunteer for the scheme.

Name.....

Address.....

.....

.....

Post Code.....

Tel No.....

Return to:

RRAVS
 LAPPTOP
 105a High Street
 Rayleigh
 Essex
 SS6 7QA
 Phone : 01268 772796



**RAYLEIGH, ROCHFORD AND
 DISTRICT ASSOCIATION
 FOR VOLUNTARY SERVICE**

LAPPTOP



**L I F E L O N G A C C E S S T O P C s
 T H R O U G H T R A I N I N G F O R
 O L D E R P E O P L E**

**RAYLEIGH, ROCHFORD AND
 DISTRICT ASSOCIATION FOR
 VOLUNTARY SERVICE**

**RRAVS
 LAPPTOP
 105a High Street
 Rayleigh
 Essex SS6 7QA**

**Phone: 01268 772796
 E-mail: rravs@rravs.org.uk**

**Baffled by
 Computers?
 LAPPTOP can Help**



Tel: 01268 772796

LAPTTOP for Rochford District

What is LAPTTOP?

Lifelong **A**ccess to **P**Cs Through **T**raining for
Older **P**eople

There are various parts to the LAPTTOP project.

- ❖ A 9 week informal course.
- ❖ Short 4 week taster courses at other locations by arrangement.
- ❖ Training for people in their own homes who have mobility or access problems.
- ❖ A computer club with talks & activities related to computers.

What can I learn about IT?

We can help you learn the basics of many different types of software, how to e-mail friends and family, how to browse the internet and much, much more. You don't need to know anything about computers.

Who can use LAPTTOP?

Anyone who is over 50 years of age and lives in Rochford District Council area or close proximity. Carers for older people can also access the project with no age restriction.

Who can have a LAPTTOP home visit?

People who find it more difficult to get out and about can organise someone to visit them in their own home. All that we ask is that you have some difficulty in accessing any other part of the project.

We can also visit communal premises to help small groups of people learn about computers.

LAPTTOP can be used to learn about:

E-mailing family & friends
Internet browsing
Writing letters Games
Digital photos Research
Creating posters & cards
and much, much more!

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A
S
R



*We have links with
other courses at
Essex Library Services and Essex County
Council Adult Education*

LAPTTOP for Rochford District

How do I get more information?

- ❖ Visit RRAVS (105a High St, Rayleigh)
Mon-Fri between 9am and 3pm (1pm Fri)
- ❖ Phone 01268 772796
- ❖ Visit our website: www.rrav.org.uk/lapttop
- ❖ Take a leaflet & send it to us

What do I pay?

There are small fees for the Computer Courses, Home Visits and the Computer Club.

Volunteers needed!

We are looking for committed people who would be happy to help either with training, home visits or the computer club. The benefits of volunteering are:

- ❖ Learn a new skill
- ❖ Teach skills to others
- ❖ Sense of satisfaction in helping others.

Mileage allowances will be paid for volunteers' travel expenses.

